



## MĀLAMA I KE OLA HEALTH CENTER

When should you make an appointment with your doctor? How 'urgent' is urgent care? Is it time to go to the emergency room?

Using this information as a guide can help you assess the condition or symptoms you are facing in order to select the appropriate place for care.

### Primary Care

Your primary care provider should be your first choice for care for acute and chronic illnesses because he or she is familiar with your medical history.

### Emergency Room

A visit to the emergency room is warranted only for potentially life-threatening illnesses and injuries.

### Urgent Care

Outside of regular office hours or extended hours, the same acute, non-life-threatening illnesses or injuries that you may normally go to your primary care provider for can also be treated at an urgent care facility. An urgent care facility can give you immediate medical attention for common illnesses usually without an appointment or long wait.

### CONTACT US

PHONE: 808-871-7772

# Primary Care, Urgent Care or Emergency Room? DENTAL

## SCHEDULE AN APPOINTMENT

For all non-emergency dental appointments, call Mālama Dental phone line at (808) 872-4005 or report to the dental clinic to make an appointment during regular clinic hours (Monday-Friday 8AM – 5PM)

Non-emergency dental appointments include:

- General dental exam and x-rays
- General dental cleanings
- Basic periodontal treatment
- Dental restorative procedures such as fillings, crowns, bridges, partial and complete dentures
- Root canals without severe pain
- Teeth extraction without severe pain
- Referrals and care coordination with specialist
- Care for dental injuries (fractured, displaced, or knocked-out teeth)
- Diagnosis of oral conditions associated with diseases such as diabetes, congenital heart defect, asthma, hay fever, and attention deficit/ hyperactivity disorder
- Fluoride varnish treatments,
- Habit counseling (pacifier use and thumb sucking)
- Infant oral health exams, which include risk assessment for caries in mother and child
- Management of gum diseases and conditions including ulcers and pediatric periodontal disease
- Nutrition and diet recommendations

## ER during regular clinic hours (Monday – Friday 8AM-5PM)

For dental emergencies such as severe bleeding, dental injuries, severe dental pain, severe swelling, abscess and post procedure complications, call our dental phone line at (808) 872-4005 or report to the dental clinic.

## ER during after-hours

For dental emergencies such as severe bleeding, dental injuries, severe dental pain, and post procedure complications such as severe pain, severe swelling or bleeding, call our main call center (808) 871-7772. Medical provider on call will provide clinical advice or refer you to the Emergency Room.